

Our Space

10 x 30'





Our Space

EPISODIC SYNOPSIS

A show exploring the world of Mental Health, featuring beloved characters who are just like you and me.

Our Space is a safe space.

EPISODE 1 - PILOT

"Able Dixon Hoopie Dissy (ADHD)" attends the grand opening of Our Space, the Community Centre of Learning. Nervous to be around new people; worried they won't like her due to her ADHD, Able struggles to find her truth.

EPISODE 2

"Ocee Dee" is in the kitchen prepping for the fundraising bake sale. Rather than going over the materials list, she is busy going over the placement and organization of everything in her kitchen. When it's time to start baking Ocee starts to panic over the mess and disorganization that the kids are causing, not realizing that an important ingredient is missing for the outcome of the cupcakes.

EPISODE 3

"Lex Dysia" signs up for the community annual Spelling Bee competition. Even though reading and writing is not his strong suit, he ignores the advice from his friends of needed practice. Once Lex realizes he is in over his head and embarrassed to admit his friends were right, he believes the only way to stay in the game is to cheat!

EPISODE 4

"Anne Ziety" can't seem to let go of the fact that her big car wash fundraising event gets rained out. When the feeling of panic and fear creep up on her that she won't be able to get some extra funding needed, Anne's constant worrying gets her really sick.

EPISODIC SYNOPSIS

EPISODE 5

“Auddy Sim” started enjoying himself at first when attending Lispy’s birthday party, but eventually all the exciting sounds and celebration ends up being too much stimulation for Auddy and his sensitive ears. As Auddy starts to show his frustrations through his stimming, confused Lipsy blames him for his reactions, and feels her birthday party is getting ruined.

EPISODE 6

“Billy Lemic” is really excited just like all his friends, for the annual Community Centre Olympic games. Billy is having the time of his life until he finds himself at the community swimming pool for the relay races. Billy has a secret and he’s unsure how to continue in the games without revealing it.

EPISODE 7

“Phobie” tends to hide in the background, a spot where he feels most comfortable. While the Community Center is in full swing preparing for their annual talent show, Phobie finds himself to scared to go on. In reality Phobie is scared of everything, and changes his mind last second about performing in the show.

EPISODE 8

“Strauss” constantly hides how stressed he always is. He’s afraid to ask for help with the underlying fear of being judged for not knowing how to do certain things for himself. He is great at pretending to be ok, and finds himself telling small white lies to hide how he really feels. Will his friends help him understand that speaking his truth and proper communication is the way to help overcome his fear?



EPISODIC SYNOPSIS

EPISODE 9

"Abby Use" just moved into the community and is excited to see what Our Space has to offer. She's open and honest answering questions about why she is in a wheelchair, Abby wants to make sure everyone she meets understands the word NO when it comes to protecting themselves.

EPISODE 10

"Dee Pression" offered to help volunteer at the community centre's Donation drive. She finds it helpful for herself to get out amongst friends once in a while. While working away filling boxes with donated goods, Dee can't help but feel guilty noticing that so many others have very few, while she has a lot but is sad all the time. She opens up about her feelings and asks for help in understanding herself, and the empathy she is feeling.